



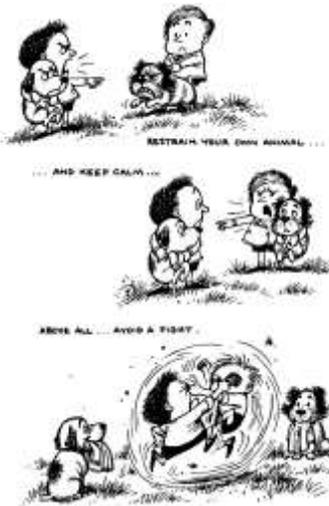
Pals

Spring 2014

From behind the pile . . .

April 1st marked my one year anniversary with PALS. It has been an eventful year, filled with a steep learning curve, laughter and meeting many wonderful volunteers and their pets. There have been some new ideas introduced and embraced, a new program started, fun, fresh fundraising ideas and work towards reconnecting with our amazing volunteers and their tremendous skills set.

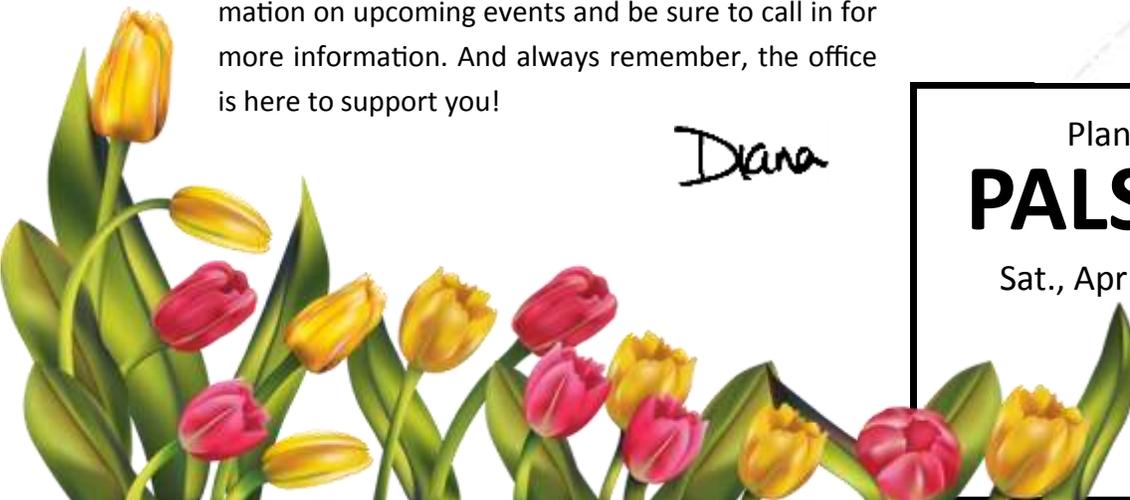
2014 is already three months in and it has already proven to be as busy if not more so than 2013. We have some great events planned for later in the year, some really unique fundraising ideas that will hopefully help fund our programs, great workshop/seminars that will help our volunteers learn and grow, and for us to continue to reconnect with our volunteers.



Steps are being taken, through support and education, to help our volunteers better understand their pets behaviours. This is in an effort to reduce the number of animals who have to leave the program due to inappropriate behaviour. This is a situation that we are seeing increase in the last 6 months.

Watch your email in the next month or so for information on upcoming events and be sure to call in for more information. And always remember, the office is here to support you!

Diana



<p>Plan to Attend</p> <p>PALS AGM</p> <p>Sat., Apr 26 10:00 am</p> <p>5020—26 Ave. SW Calgary</p>
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TEAM LEAD MEETING

Thurs., May 15—5:45 to 8:45 pm at the Kahanoff Centre

Supper will be provided RSVP to Diana at 403-250-7257

A Message From:

DOGS IN NEED OF SPACE

To: *Friendly Dogs, Off-Leash Dogs, & Retractable Leash Dogs*



DOGS IN NEED OF SPACE are good dogs. They may not want to socialize with your dog, but they have the right to walk with their owners, on leash, without harassment from strangers who insist on a forced greeting. Their owners do not want to cause a scene or yell, in a panic, at strangers. They don't want their dog to act inappropriately, get hurt, backslide on their training, or frighten anyone. Please, dog lovers of the world...

1. **OBEY LEASH LAWS**
2. **ASK PERMISSION BEFORE APPROACHING**
3. **LISTEN TO OUR RESPONSE**
4. **RESPECT OUR SPACE (DO NOT CHASE US, LET US PASS WITHOUT INTERACTION)**
5. **KEEP YOUR JUDGEMENTS & NASTY COMMENTS TO YOURSELF.**

One day, you too may find yourself the owner of a DOG IN NEED OF SPACE.

CAN MY DOG SAY "HI"?

SORRY, NO. I HAVE A DOG THAT NEEDS SPACE. THANK YOU.

PALS memberships are past due!!



Please ensure your membership dues are in good standing to ensure your ability to participate in the PALS programs

ALL MEMBERS MUST BE IN GOOD STANDING IN ORDER TO BE COVERED BY OUR INSURANCE

Memberships can be paid through PAYPAL on our website (click on Giving & Support and then Membership), by calling in the office with your visa or mastercard or by coming by in person with cash or mailing in your cheque.

If you have any questions please do not hesitate to give us a call at 403-250-7257

Thanks to the Mount Royal University Marketing Students for their fundraising and marketing project



The marketing group is shown here with a fundraising project that PALS will incorporate into their next fundraiser. They also proposed some other great ideas that will be great options as well.

Try the Pet-Pause-Respect Test with Your Dog: Does He Really Want Attention from Kids?

By Jennifer Shryock

I am so excited to see this post today as this is a common theme of phone calls I receive from frustrated dog owners or parents after their dog has growled or bitten someone just after or during a belly rub. "But he was on his back getting belly rubs. He loves belly rubs."

Dogs get on their backs for many reasons. Here are three different situations I frequently see with family dogs.

1. Dog on back, tight body, no tail wag, whale eyed, stiff facial features, mouth closed, eye contact avoidance...paws may be outstretched if person approaches to block or increase space. This is often to increase distance and not an invite but rather a "leave me alone please." Usually with an unfamiliar person.
2. Dog on back...wiggly, waggy, tail sweeping floor, relaxed face, happy eyes...when you stop petting the dog nudges for more and wiggles and stays loose. Often they want pets and engagement.
3. Dog on back...possibly wagging tail tight to body, licking lips fast and weary eyed, tighter body moving to side more than complete on back.

I have seen dogs do this when asked to do something that makes them uncomfortable or they feel threatened. Some dogs will do this when asked to do something they really don't want to do in that moment...ex: get off bed or couch etc. A pretty please leave me alone type belly up.

Dogs who truly want their bellies rubbed will be loose and floppy, with soft eyes and wiggly bodies. If your dog appears tense, looks away from you, has wide eyes (or whale eyes), licks her lips, or shows other signs of stress, she's probably asking you to back off. This body



language is known as a "tap out" or "inguinal exposure," and should be respected by giving the dog space to feel more comfortable.

I recommend people Pet/Pause/Respect

1. Pet the dog (assuming he initiated and indicated he wants petting)
2. Pause.... after several gentle pets pause to see what the dog offers: Nuzzles hand for more.... Good. Sweeps floor with tail and wiggles closer...good. Turns away and disengages.... he is done. Gets up and shakes off.... he is done. Tightens facial features and becomes stiff...done! Checks in with handler often...done
3. Respect...now that the dog has given feedback that you observed during the pause...respect what the dog has communicated.

The hard thing for most people is to recognize when the dog has had enough. A dog may want several pets and then may choose to walk away and be left alone. We often put our desire to pet the dog over the need of that particular dog. This can backfire!

I think about when I was pregnant and how many people wanted to touch my belly. YIKES! Just because it was there did NOT mean I would want a stranger touching and for PETE'S SAKE rubbing my belly! I might have allowed family members to touch and even lay their head against etc but my comfort level was very different depending on the context, my relationship etc. Just as we people have our own special boundaries so do dogs! We need to allow them to communicate with us and respect what they offer. Pet / Pause / Respect offers this.

Try Pet-Pause-Respect with your dog and teach your kids how to love the dog on the dog's terms!

The following article was posted on the website DoggoneSafe.com. Jennifer Shryock is a Certified Dog Behavior Consultant (CDBC), owner of [Family Paws™ LLC](http://FamilyPaws.com) in Cary, NC and holds a degree in Special Education. Jennifer is also U.S. VP of [Doggone Safe](http://DoggoneSafe.com) a non-profit dedicated to dog bite prevention and victim support. A recognized expert on child-dog interactions and safety, Jennifer has written and spoken extensively about these topics.

SUPPORT OUR PALS TEAM

As we participate in the Scotiabank Calgary Marathon Charity Challenge



Becoming a part of the
Healing Paws Team or
support us with a donation.
Either way we win!



To join the team contact Team Captain Camelia Wong at 403-250-7257

To donate to any team member go to

<http://www.calgarymarathon.com/charity-challenge/pet-access-league-society.html>

and click on the donate button on the right hand side of the screen

(just make sure it says Support PALS at the top of the page so the money is coming to us)



Bobbi's Corner

For those of you who haven't met me yet I am Joan's pride and joy, Bobbi. I am also the reason for Diana's headaches some days.

My job at the office is to greet people and I love my job! If you have dropped by the office you will have seen

exactly how much I like my job by the way I almost turn myself inside out to greet you with just the proper amount of enthusiasm. And if you happen to bring your furbaby with you, then I have to bump it up a notch to frenzy!

I have been very lucky because one of my favorite people, Linda Street, has started working at the office part-time. So she is there to give me belly rubs on a more regular basis. This is a very satisfactory arrangement for me, plus she seems to be helping out my mom so it is

a win-win situation!

We had a fur-visitor named Darcy the other day. She is Diana's foster and she was here the whole day so we were able to run, and play to our hearts content. She was a bit shy to start with but warmed up to me pretty fast—after all I am pretty adorable! They took a picture of us when we were catching our breath for the next go-round.



I am starting obedience classes with my mom in April. She seems to think I need them, so I will humour her. I am not sure what she thinks I need to learn?

When the door opens, I run out, when someone comes in, I say hello over and over again until they pay attention to me. I

think I am pretty close to perfect!

I will fill you in on what I learn in the next newsletter. Smell you later!

Dogs Don't Bite "Out of the Blue."

Many bites can be prevented if people learn to read a dog's body language.



This dog's whole body is wagging calmly and he is panting. He is happy to see you.



He is not yawning because he is tired. He is anxious and he hopes you will leave him alone.



Her tail is high, her body is stiff and her mouth is closed. "I'm warning you. Back off!"



A tail tucked in, even if wagging a bit, means a very worried dog. "Please stay away from me."



The tongue flick and the slow, stiff tail wag tell you this dog is very unsure. "Go away."



This dog is turning her head away in order to avoid conflict. She doesn't want to be bothered.



The half-moon eye and the closed mouth tell you this dog is uncomfortable. "Leave me alone!"



The "freeze and stare" is a very dangerous sign! This dog will bite if you persist.



For more information about dog bite prevention, visit www.doggonesafe.com.

doggone  safe

Story PALS 2014



VOLUNTEERS NEEDED

To help with the
Calgary Humane's Society
Cocktails for Critters
fashion show on November 1

Is your dog up for the challenge?
Give Diana a call and find out the details.

403-250-7257



PALS Casino May 29 and 30
Count room helpers are still needed



Help PALS touch a life . . . Make a donation today

Name: _____

Company/Organization (if applicable): _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Email: _____

METHOD OF PAYMENT

Cheque Credit Card : Visa Mastercard (circle one)

Amount of donation :\$ _____

Name on Credit Card _____

Card # _____

Expiry date : _____ / _____ (mm/yr)

Signature: _____

Date: _____



A tax receipt will be issued for all donations of #25.00 or more and mailed via Canada Post. Please ensure to fill out your complete mailing address so we may mail out your tax receipt without delay.

You can also donate to PALS through CanadaHelps.org Giving made simple.



United Way DONOR CHOICE



PALS Pet League Access Society 2014 fundraising campaigns are expected to raise approximately \$100k at an approximate cost of \$10K. Proceeds will be used where most need unless otherwise directed by the donor. Our Charitable registration number is 10781 1879 RR0001. PALS is located at 3019 21st Street NE, Calgary, AB T2E 7T1, phone 403-250-7257 and contact Executive Director Diana Segboer for any questions.

We are counting on you!

